

Navigating the Journey of The Enchanted Heart

By Rhianne Teija NewLahnd

Luminawe - Wise Woman Way Shower



Once again, it is my pleasure to be the scribe for the 13 wise women of The Enchanted Heart Wisdom Council Oracles. These wise women are master teachers from the future who live in a dimension of great beauty and harmony called Gwynaelwyd, which means Holy Blessed Homeland. They speak through my heart about how to create a Simply Enchanted Life. The way they describe it, such a life is founded on a frequency of love, beauty, bounty and well being. The foundation is spiritual connection, connection to Nature, and being joyfully embodied in our forms. It is a life that is abundant with all that one requires to live well and be radiantly healthy and happy. An enchanted life is one we design that fits our unique makeup and allows us to express our greatest gifts and talents. It is a life filled with wonder, awe, deep respect and appreciation for being alive. It is a life deeply devoted to navigating our world in the direction of sustainability and harmony for all beings.

Before we hear the inspirational message that follows, I would like you to take a moment to breathe, center, and go into your heart. That way, as you read this article it can be a transformational experience. Place your hands on your heart, close your

eyes, and ask for clarity about your path to be revealed. Envision a bright light in your heart, a candle flame that is going to illuminate you to new possibilities.

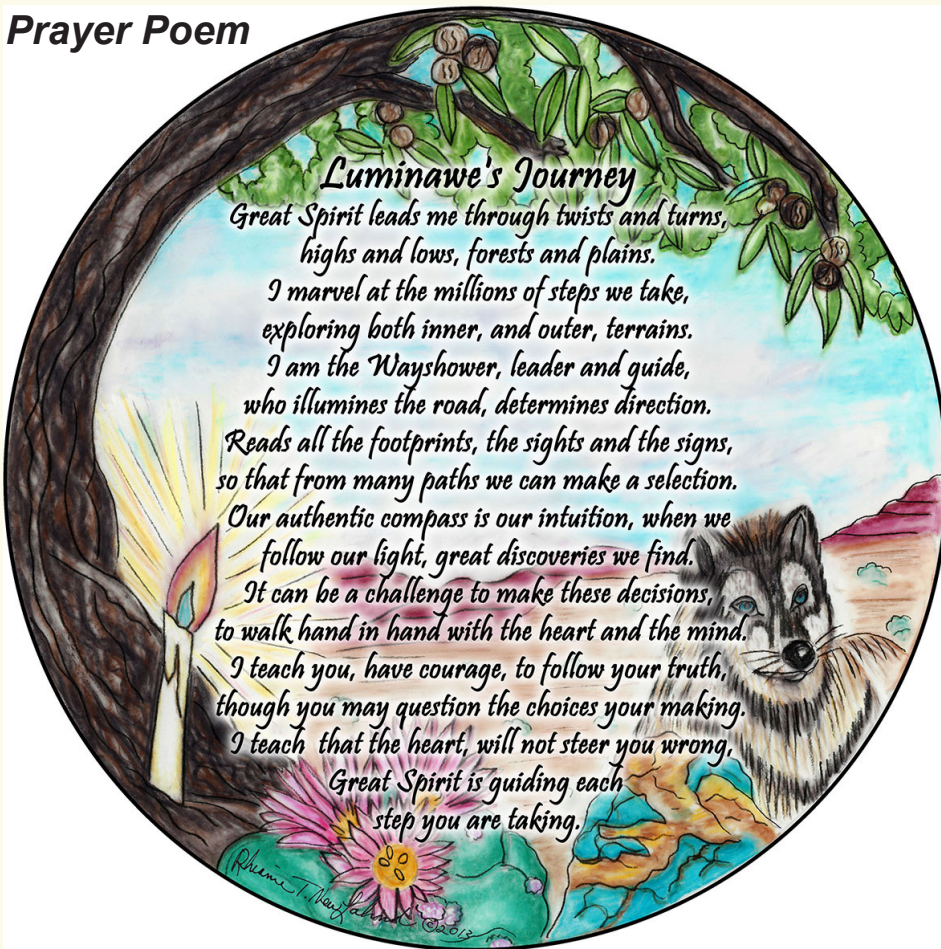
I invite you now to meet the wise woman who wishes to speak with us at this time. Luminawe.

The WayShower

Greetings Dear Friends. My name is Luminawe (Lu-min-awe-way). My name means, *she who illumines the way*. I am a path finder, way shower and journey planner. I carry the pipe of peace, and strive to be a peace-maker wherever I may go. I carry a candle, which signifies my ability to shed light on the path ahead and to break through the darkness we can sometimes feel lost in when we can not find our way.

As we know, the journey of life can be a wild ride, a dance, a fall, a precarious climb or an easy float down stream. We need to learn how to navigate on so many levels and few of us have been taught how to do so. It is time for us to navigate by the greatest compass of all, THE HEART. As we begin our journey together, I have a prayer poem to offer, that will start us on our way. Please read this before you go on with this article.

Prayer Poem



Luminawe's Journey

*Great Spirit leads me through twists and turns,
highs and lows, forests and plains.*

*I marvel at the millions of steps we take,
exploring both inner, and outer, terrains.*

*I am the Wayshower, leader and guide,
who illumines the road, determines direction.*

*Reads all the footprints, the sights and the signs,
so that from many paths we can make a selection.*

*Our authentic compass is our intuition, when we
follow our light, great discoveries we find.*

*It can be a challenge to make these decisions,
to walk hand in hand with the heart and the mind.*

*I teach you, have courage, to follow your truth,
though you may question the choices your making.*

I teach that the heart, will not steer you wrong.

*Great Spirit is guiding each
step you are taking.*

Turquoise, The Travellers Stone

I would like to introduce one of my allies, Turquoise. This crystal stone is said to unite Heaven and Earth. I invite you to bring the energy of Turquoise into your imagination (you can imagine putting on my necklace if you like) or, if you have some Turquoise, you can hold or wear that. This is how Turquoise can serve our journey together:

Turquoise: This beautiful crystal is called The Travelers stone and is a Talisman for taking journeys. In this case, the journey of the Enchanted Heart, the inner journey. It will offer protection from the many challenges that we all face and make us more sure footed. It is a stone that can help us to gain clarity and make us better leaders. We need to know how to lead our own lives well, before we can lead others.

It is time to choose a new course
for our lives, I suggest the path
of re-enchantment.

As the WayShower of the council, I am especially curious about the times we are living in right now. This is a time when many of us are re-evaluating the paths we are taking as individuals, families, communities, countries and as a global collective. We

are experiencing many things that have occurred by not being mindful of where we have been going. We have been in a frenzy of activity, creation, and unfortunately in many ways, destruction. Responsible travelers, especially those who camp out on the land, have a saying that says "leave the Earth better than how you found it". It is time for us to adopt this attitude. We are at a turning point, a crossroads and being given the rare opportunity to stop rushing forward, to take a much needed break, stay put and evaluate the outcomes of the direction that we have been choosing. I know that for many, the desire to change course is very, very strong.

This excites and delights me! A new adventure awaits and frankly, this old path that has led to pollution, illness, depression and dis-enchantment is not one that I enjoy nor wish to be a part of. So, let us plan a new journey. Let us plan the Journey of the Enchanted Heart.

The Journey of the Enchanted Heart

The Journey of the Enchanted Heart is an adventure in re-enchanting your life. It is a deep dive into the call of your soul as a human being. It is an exploration of LIFE in all its facets and offerings.

As a journey planner, I know that getting clear on our destination and intention is important. However, this is no ordinary trip. This is a journey without an end. This is a journey that unfolds as you go, and you find the place you are wishing to go developing along the way. Yes, it is important to have an intention, because whatever you are moving towards, if you have a clear vision, that is where you will be directed. So, if you hold in your heart the vision of a realm of great beauty and balance, filled with wonder and well being, good friends, fresh air, and other great qualities, that is the direction that the "stream" of Creation's energy will take you.

My first step in planning is to ask you one important question, what is your heart's desire? Deep down, you know who you are and what you want. It is time to claim that. For just this moment, let yourself truly "see" what you desire. If you removed the fears and doubts, the would's and should's, the if's and but's, where do you truly want your life to go? What do you see happening in the future? What is the vision that you hold? What are the qualities of the life that you wish to create? How does it FEEL to be there?

I suggest that we envision moving into a realm that allows us all to express as our highest selves and let that be the foundation of where we are going. That is what we, the Council, and our community have done. We have not been too concerned with the details of how to create what we desire, we have focused on the qualities of the place we are heading towards. Developing our frequencies of well being, love, light and beauty has opened pathways for us that we could never have imagined. So, that is what I would ask for you. Develop your essence as a traveler, to be as clear and conscious as possible and you will see a new world opening up to you right before your eyes.

Letting go of old baggage



Navigating the Journey of the Enchanted Heart

Luminawe- Wise Woman Way Shower ... continued

In order to take this journey, to forge this new path, we need to let go of the things that would overburden our "boats". There are many things, people, thoughts, attitudes, habits and desires that will only weigh us down. Though it might be hard to say goodbye to some of those coveted possessions, relationships and patterns, what is important now is to simplify our lives and travel lighter so we can rise higher! As in being our higher selves. In my experience, as you move along, new things, people, places and experiences will be attracted to you and you to them. You will find that the new will be more aligned with you than what you left behind. And, the things, people and experiences that are aligned with you, will be what you take with you and shall not be lost.

You can contribute to a thriving new culture by following the wisdom of the heart.

The desire to re-enchant your life is one that is also a larger mission. For if each person takes on the responsibility of re-enchanting their life, they will be part of a global movement of re-enchantment. A world of enchanted, enthusiastic, powerful people is what we need. So, should you think yourself foolish or selfish for wishing this, let those thoughts go. Instead, see the re-enchantment of your life as a purposeful and important vision and mission. Think of yourself as making a contribution to a larger field of energy, a field of love, grace, beauty and power. And, you can have fun doing it! Yes, this path is meant to be joyful and playful, however there is a catch. You need to get in touch with your intuition. And trust.

This is not a path for the weak or meek... Seek Courage

If you listen to the wisdom of your heart and take action on what is offered, you will succeed. But be forewarned. This path of Enchantment is not for the weak or meek. It is a path that takes courage. Many will scoff at you for being airy fairy. They will think you a fool, frivolous and immature. They will underestimate you. You must be careful not to buy into their judgments or you will underestimate yourself. This will lead to discouragement and lack of enthusiasm. What you need in order to enter this realm and be part of the creation of a new culture is enthusiasm. The essence of enthusiasm

is being infused with Spirit, with Life. It creates vitality. It creates an aura of well being and goodness, infusing it's joyous loving vibration into all you do.

And so, we wish to encourage you to find that which enthuses you. Find the path and direction that you wish to follow, no matter what others might say and follow that. By having the courage to honor yourself and the Divine you give inspiration and permission to others, that they may step out and discover their enchanted lives.

The mundane world of drudgery, pain, heartache, poverty, illness and anger does not need to be your world. You do not need to take that journey and walk in that direction. You can choose here and now, to shift the vibration of your life.



You can turn the dial of your spiritual "receiver" and tune in to a more harmonic station, to the frequencies of love, beauty, blessings, gratitude, creativity and so much more. That is the tune you want to hear as you paddle along the highways and byways of the river of life, the song of your heart. Of course, you will encounter hardship. You will encounter loss. You may even be injured or stricken with illness. However, you WILL navigate those encounters with much greater wisdom and maturity, and you will not be thrown off the course you know is the right path for you. I promise. If you stay connected, believe, have faith, be compassionate, kind and strong, even when you are shaken to the core, miracles will happen.

Preparing for such a journey, takes discipline and devotion



Robert Waghorn artist

My animal totem, the Wolf

I wish to call forth another of my sacred allies, the Wolf spirit. Wolf is the pathfinder, the forerunner of new ideas who returns to the clan to teach and share. The Wolf conveys strength and courage, as well as freedom and wisdom. Call upon the Wolf to walk with you as you forge a new path to an enchanted life.

Take a moment now, if you feel called, to envision this loyal companion walking by your side. Take a few breaths and envision your Wolf.

This journey as we have said, is not for the weak. You need to be as strong as possible, to "paddle your canoe" through the rapids of change. So, consider yourself in training for the journey of your lifetime. Truly it is.

We are human beings. We are physical beings infused with spirit.

You are designed to operate with the proper nourishment, fresh air, clean water, exercise, deep rest, love, fun, laughter, play, creativity, contribution, connection to spirit and connection to Nature. These are foundational pieces. These serve to give you the strength to be and do more, to express, enjoy and share more. I encourage you to make your well being your top priority.

Many of you will say, you do not have time to be in training. You are too busy. But really, how can you not have the time to turn things around? Do you really want to continue down the rocky road you might be on? Even those of you who are doing well for the most part, you know that you can turn the corner and enter a world that is even more incredible.

Just a few more tweaks and you are there. You might wonder, how can I make the time for all this when I need to continue to use my energy to paddle upstream to support my family, or my habits.

How can you continue to NOT make time? In fact, by running yourself ragged and ignoring your foundational rights and needs, by ignoring the signs, by turning away from nature, you are insulting the creators and you are disrespectful of life. When you truly honor yourself, you are honoring life, and all I can say is that, Life will honor you back.

I address this issue with compassion. Much of western society is unfortunately, not created to help people be well. The desire for more, more wealth, more power, more control, is the sign of disenchantment, discontentment and disconnection from Nature. So many people worldwide have lost touch with simple enchantment. With the magic and wonder of life. This has led to millions being depressed and unhappy. Perhaps it is time to stop living

a life that you do not love. Perhaps it is time to simply say to what no longer feels heart centered or healthy in our own lives, or in the greater world, these simple words, "I am done."

It is time to declare "I am done".

I am done with this pain. I am done with this imbalance. I am done with this destruction. I am done with this denial. I am done kissing the butts of people who are greedy. I am done being a slave. I am done being controlled. I am done denying myself the peace, love, joy, health and beauty that makes me thrive.

If you are done with a life that is dis-encharnted, we are here for you. If you are done but do not know what comes next, we are here for you. If you have been done for a while, and made huge shifts and are now ready to engage in the greatest adventure and journey of enchantment ever, we are here with you. All you need to do is declare:

"I am ready and enthused. Now is my time."



Now is the time. The signs are everywhere. From where the planets are stationed in the sky, to how the Earth is responding, to how people are transforming. Now is an incredible opening. Now, we are being signaled to move ahead on this journey. So, we, the Wise Women, are coming forth.

Many guides and teachers are coming forth. Your own greatness is coming forth, if you will allow it.

We, the Council have come to help you jump into the future, to embody the vibration that we are living in NOW, so that you can accelerate your evolution. You will find, when you listen and tune in you will be supported in many ways. Life wants you to make the shift. In fact, she is enlisting right now. She is offering great perks and huge raises! Should you decide to listen to her, she will bestow gifts galore upon you. So, if you are a treasure hunter this journey indeed has gold at the end of the road and at many stops along the way. The gold treasure of wonder filled life.

This is the time now to plan your adventure. To plot the course for your great journey into the land of your heart, to find your true home, the place you desire to create that is unique and artfully designed so that you can emerge, flower and blossom as a beautiful being in a brilliant new world. You are not alone. There are millions of us who in our own ways, are joining together and envisioning a new reality. There are millions who are entering the vibrations of the higher self, all at the same time. We are rising, we are ascending, and we will create realms of beauty that are born from our love for life. I offer you the pipe of peace. Let us sit in a global circle together and unite as one family.

I, Luminawe, and the rest of the Enchanted Heart Wisdom Council have come to support you to enjoy and be successful on your journey. We are here for you.

I am with you. Blessings dear friends and fellow travelers, I am, Luminawe.



*Rhianne New Lahnd is my name,
Enchantment is my game!*

"Rhianne is a master intuitive wise woman, teacher, speaker, artist and author with a magical way of helping you to find clarity, wonder and enchantment"

" -LV

Please contact me for information about my transformational work, art, writing and more online or in person from Sedona Arizona.

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